



New Challenges, Same Mission



Since the beginning of 2025, Neighborhood Family Practice (NFP) and the patients we serve continue to face changes, challenges, and uncertainty. Threatened cuts to federal funding; actual and potential changes to Medicaid; and looming increased costs for Marketplace insurance plans have shifted the health care landscape—creating more barriers to health care and additional financial burden for our patients.

NFP remains steadfast in our commitment to high-quality patient care. For 45 years, we have adapted to change through resilience and purposeful leadership without losing sight of the people who rely on us.

Every step we take to expand access to health care is rooted in a simple truth: every person matters and deserves to be treated with dignity, compassion, and respect. **Generations of families walk through our doors and are cared for by providers who know their names and their stories.** That's not just health care—that's trust. That's community. This is needed now more than ever.

Times are difficult. The path forward isn't simple. NFP's ability to lean into uncertainty and discomfort, to elevate people and advance our mission will make it possible for us to not only weather the storm—**but to shape it to create meaningful and lasting change.**

With your support, we will continue to bridge gaps so that no one is left behind. We will continue to find innovative solutions to transform the challenges that NFP, our patients, and our communities face into a catalyst for change which embraces everyone.

With gratitude,

Domonic Hopson, *President and CEO*



We have been around for a long time providing care for multiple generations of families, we need to continue to be here to keep these stories going.

NFP IN THE COMMUNITY



NFP and Birthing Beautiful Communities led a session at the Ohio Association of Community Health Center's 2025 Conference, on our efforts to pair doulas and NFP midwives, to improve infant and maternal health outcomes through culturally aligned care.

Pictured: Andrea Lyons, NFP Chief of Staff, Rosa Bonilla, NFP Community Health Worker, and Krista Lumpkins-Howard, Senior Director of Training and Community Impact at Birthing Beautiful Communities.

In September 2025, NFP Vice President of Behavioral Health, Bridget Graber, MSW, LISW-S, shared information with WOYU 95.9 FM listeners on ways to reduce distress, build coping skills, and support overall wellness.



CARE, ACROSS THE GENERATIONS



When everyone has access to the health care they need, when they need it, families and communities are healthier, and everyone thrives.

NFP has been a part of Ebony Rowland's life since she was 12 years old. Now 14 years later, Ebony and her mother continue to receive their primary care from the same NFP nurse practitioner. Her father and husband also receive their primary care at the same NFP community health center. Over the years, this

shared connection has become something deeply meaningful to the family - a thread of trust and familiarity woven through each stage of their lives.

When Ebony learned she was pregnant, expanding her health care team to include NFP's midwives was an easy choice. NFP's integrated primary care, behavioral health, and midwifery services made this collaborative approach happen with ease, in a way that felt seamless and deeply intentional.

Through adolescence, early adulthood, pregnancy, birth, and beyond, Ebony continues to feel surrounded by compassionate, whole person health care that supports not only her medical needs but her emotions, her choices, and her growing identity as a mother.

And now, as she brings her son Adam to NFP for his appointments. This is not just health care; it is generational care rooted in relationships, trust, and continuity.

"I'm overwhelmed with gratitude for this team—for their expertise, the trusting relationships that have developed, and for supporting my family and me in a way that makes us feel not just cared for but truly known. I hope every family has the chance to experience what mine has."

CARE IN ACTION

NFP's Food as Medicine Program

To better support patients navigating food insecurity and living with chronic medical conditions, NFP launched a Food as Medicine program in June 2024. The program is led by NFP's Wellness Coordinator, a registered nurse and licensed dietitian, who brings both clinical expertise and a deep understanding of nutrition to guide patients in making healthy food choices—even when resources are limited.

In partnership with the Greater Cleveland Food Bank, a variety of food options ensure patients from all backgrounds can access the foods they prefer. Our collective goal is for patients to experience meaningful improvements in food security, well-being and ability to manage chronic conditions.

As Supplemental Nutrition Assistance Program (SNAP) changes affect our patients and communities, NFP is prepared to assist patients experiencing new and ongoing food insecurity. We will continue to screen all patients for food insecurity during appointments and to connect individuals to resources—both within our organization and across the community.



Meeting a Growing Need

During the first half of 2025, NFP saw a 22% increase in patients served through the Food as Medicine program, when compared to the prior six-month period. We are actively working to meet the growing need by implementing changes that will make it possible for NFP to connect more patients with nutritious foods, education, and additional resources for long-term success.

Patients Served





Your donation makes a difference!

\$25

provides transportation to help patients get to and from medical appointments.

\$50

provides interpretation services for 32% of NFP patients who are best served in a language other than English.

\$100

supports patients experiencing food insecurity and chronic conditions through NFP's Food as Medicine program.

\$250

provides comprehensive prenatal care services for pregnant patients.

\$500

provides primary care appointments for patients who do not have insurance.

In honor of NFP's 45th anniversary, consider including "45" in your gift. For example: \$145, \$104.50, \$100.45.

Give Today. Change Tomorrow.



To donate, please return the enclosed envelope, scan the QR code, or visit nfpmedcenter.org/give.

Thank you for supporting Summer in the City 2025!

On August 21, NFP welcomed more than 270 guests to Windows on the River for our annual fundraising event, Summer in the City. **With your support, the event raised \$212,156** for the expansion and relocation of NFP Ann B. Reichsman Community Health Center to a new and larger site in Cleveland's Clark-Fulton neighborhood. This move will make it possible for NFP to **expand integrated primary care, behavioral health, midwifery, and pharmacy services.**

The event was more than a gathering or fundraiser—it was a powerful step toward lasting change. If you weren't able to join us, your support can still be deeply felt! A donation of any amount will help create meaningful and lasting change. Please scan any QR code in the newsletter or use the enclosed envelope.



About the North Coast Health Foundation

The North Coast Health Foundation is a nonprofit 501(c)(3) supporting organization of Neighborhood Family Practice. The Foundation works to raise awareness of Neighborhood Family Practice's mission and services and to foster philanthropic support from individuals and corporations for capital, interpretation and transportation services and other health center operating needs.



EXCITING NEWS!

Construction on the new Ann B. Reichsman Community Health Center is nearly complete!

The site will open in early 2026. Stay tuned for news about the ribbon cutting ceremony and open house.

