

giving thanks



In this season of giving, on behalf of the team at Neighborhood Family Practice (NFP) and myself, thank you for supporting our mission. We are here to serve everyone who walks through our doors — whether they are from the Stockyards neighborhood, Lakewood or recently arrived from Afghanistan — regardless of ability to pay. We can only do this work with the ongoing support of donors like you.



Every time I walk into one of our eight community health centers, I am reminded of my childhood. My family roots trace back to the Mississippi Delta, where my grandfather was born into a sharecropping family. He grew up less than 40 miles from Mound Bayou, Mississippi, where the first community health center was established in 1965 to serve poor sharecropping families who did not have access to health care and other key services. As a child, my mother took my brother and me to a local community health center, so I truly understand the vital role that community health centers play in Cleveland and across the nation.

Since the pandemic, the health care and social service needs of our patients and the community have increased. In the early days of the pandemic, NFP patients, like others across the country, were asked to stay home and only go to the hospital or doctor's office for urgent or emergent issues. Although well-intentioned, this guidance resulted in a reduction in important cancer screenings and an increase in uncontrolled chronic conditions.

To counteract these trends, our population health team and investments in new IT resources have re-engaged

patients at highest risk for medical complications and those overdue for in-person visits and health screenings. Reversing these trends will not be easy, but we are up for the task.

When I joined NFP in June, I embarked on a listening tour of our centers and attended meetings with groups of staff. The three words I heard most were "family", "mission" and "community". These words run through the fabric of NFP — from those who answer our phones and those who greet our patients at the front desk, to our clinical team and those on our small, but mighty administrative team. Every person in this organization fuels me to take what I've heard and pair it with my experience to lead the organization forward.

We look forward to increasing positive health outcomes of our patients and the experience of our staff. We look forward to increasing our impact on our community. We also look forward to you continuing this journey with us as a part of the NFP family.

NFP remains encouraged by our patients, our community and individuals like you who believe in what we do — day in and day out. For this, I give thanks.

Domonic Hopson, MPH, FACHE
President and Chief Executive Officer



**Neighborhood
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COMMUNITY HEALTH CENTERS

NFP Welcomes New Arrivals

Cleveland's Next Generation

Reducing Health Inequities

NFP donors and supporters have the distinct honor of knowing they "help bring the next generation of Clevelanders to life". Although it's our midwifery team that "catches" babies, financial donations to

NFP allow our midwives to provide patients with additional support for their prenatal, birthing and postpartum/lactation experiences.

Since midwifery services are housed in NFP's integrated primary care model, every patient from newborns to older adults benefits from high quality health care that helps the entire family thrive.



The care and connection provided by the midwives has profound impacts on addressing health disparities for the patients they serve.

Midwives Address Health Disparities

In 2020, racism was declared a public health crisis in Cleveland, with poor health outcomes of Black babies and mothers comparable to those of some developing nations. Even before the city's declaration, NFP midwives were tracking and addressing these health inequities. The intentionality of their actions has had a positive impact on Black mothers and babies:

Birth Metrics	NFP Births – Black Mothers (2021)	Ohio Births – Black Mothers (2017-2019*)
Low birth weight	5.2%	13.9%
Cesarean birth	23.0%	32.9%

**Most recent statewide data*

Whatever challenges an individual or family is facing when they enter NFP's doors, all have access to high quality integrated health services. Your support helps NFP provide every patient with a high level of care and dignity. The individual midwifery care that NFP patients experience can be seen in this video:

Scan this QR code to view the midwifery services video or visit www.nfpmedcenter.org/midwifery.



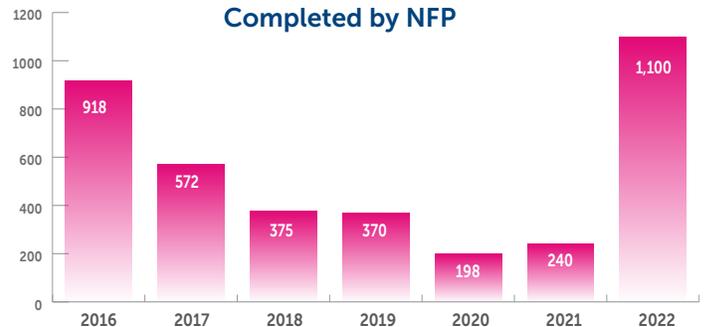
Helping Newcomers Thrive



In the last 12 months, NFP provided required health screenings to more than 1,100 refugees resettled in Cuyahoga County – a historically high number of screenings. More than 80% were individuals fleeing persecution by the Taliban in Afghanistan.

These health screenings represent just the start of NFP's commitment to providing ongoing integrated health services to newcomers in a culturally and linguistically appropriate manner to help them thrive in their new home.

Number of Refugee Health Screenings Completed by NFP



Recent Highlights



Summer in the City Recap

Summer in the City 2022 was a great success, raising \$124,050. The \$22,300 raised during Fund-A-Need in support of NFP's Health Access Fund will be used to provide financial assistance, transportation and language interpretation for NFP patients, removing common barriers that often prevent them from accessing health care.

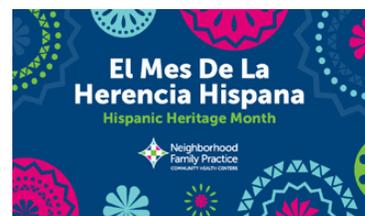


Celebre el Mes de la Herencia Hispana — Hispanic Heritage Month



Dancers from Danza Guadalupeana with NFP's Jennifer Castellano (Hispanic community engagement coordinator) and Domonic Hopson (president and CEO).

NFP held its inaugural Hispanic Heritage Month celebration on October 15 at Club Alma Yaucana in Cleveland. It was



a day filled with food, music and dancing which are representative of the rich and varied cultures that make Cleveland a great city. In addition to the cultural celebration, managed care organizations (Medicaid insurance providers) were on hand to share information on pending changes to Medicaid. During Hispanic Heritage Month, and throughout the year, NFP is honored to celebrate our neighbors and provide information that is vital to their health care.



News coverage of National Breastfeeding Awareness Month in August.



NFP was a sponsor of Pride in the CLE in June.



Our Patients, Our Impact

No matter the challenges an individual or family is facing when they enter NFP's doors, all have access to high quality integrated health services. Your support helps NFP provide every patient with a high level of care and dignity.

2021

OF PATIENTS SERVED

22,399

APPOINTMENT TYPE

Medical

59,892

Midwifery

4,731

OF VISITS

84,517

Behavioral Health

17,529

Dental

2,365

A Focus on Belonging

NFP has made an organizational commitment to addressing diversity, equity, inclusion and intersectionality (DEII). Two committees (one for staff, the other for the board of directors) have created DEII North Star statements to guide future efforts.

Plans are underway to:

- ◆ Increase the representation of communities served in the health center workforce and board of directors.
- ◆ Foster equitable and inclusive workspaces in NFP health centers.

Neighborhood Family Practice
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Diversity, Equity, Inclusion and Intersectionality (DEII) North Star Statements

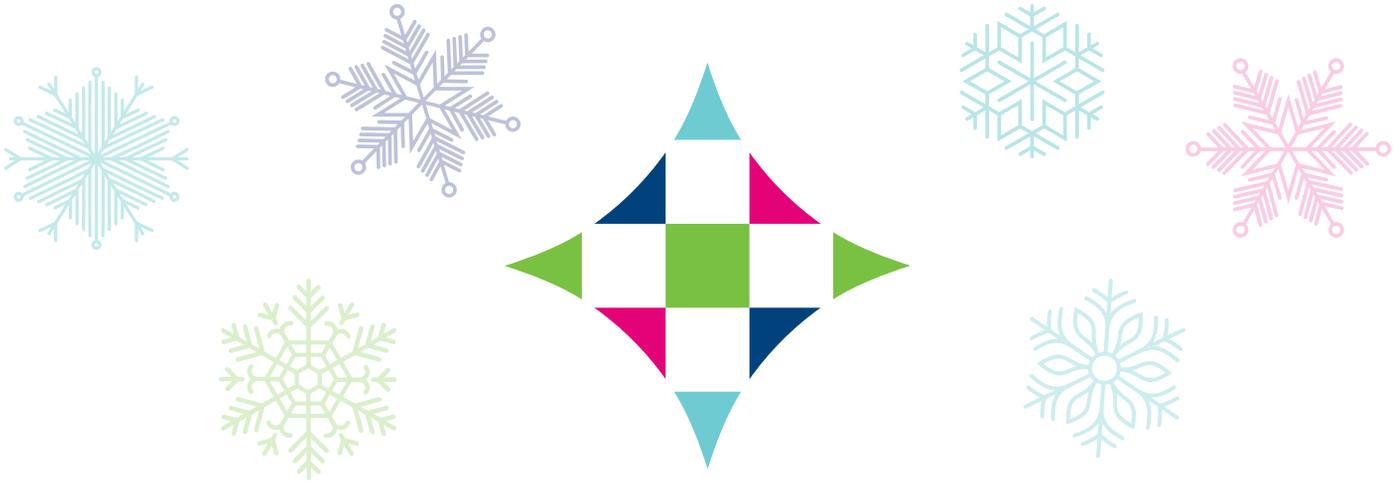
NFP Staff – North Star Statement

At Neighborhood Family Practice our patients, employees, board, and community are seen, heard, and valued for who they are. We will focus on our mission to unite us. We are committed to a culture of belonging by fostering a safe space for open communication and feedback. Our actions and policies will intentionally reflect equitable practices, balance power in hierarchy within healthcare, and the neighborhoods and patients we serve to ensure all are treated with dignity and respect.

NFP Board of Directors – North Star Statement

The Neighborhood Family Practice Board of Directors is a committed group of people using their talents together to create an inclusive culture to advance NFP's mission. We value each person's uniqueness and empower board members to contribute to their fullest potential guaranteeing equitable access to quality health care for our community.

It's The Giving Season



Your gift provides **hope** and **peace** of mind, **comfort** and **joy** to those struggling to afford health care.

\$25 provides transportation to help patients get to and from appointments

\$50 provides interpretation services for 24% of NFP patients who do not speak English

\$100 provides behavior health services for a patient living with depression

\$250 provides medical appointments for management of chronic conditions

\$500 provides comprehensive prenatal care, labor and delivery services for a pregnant patient

A donation of any amount makes a difference!

To donate, please return the enclosed envelope, go to www.nfpmedcenter.org/give or scan the QR code below.



Scan to donate online



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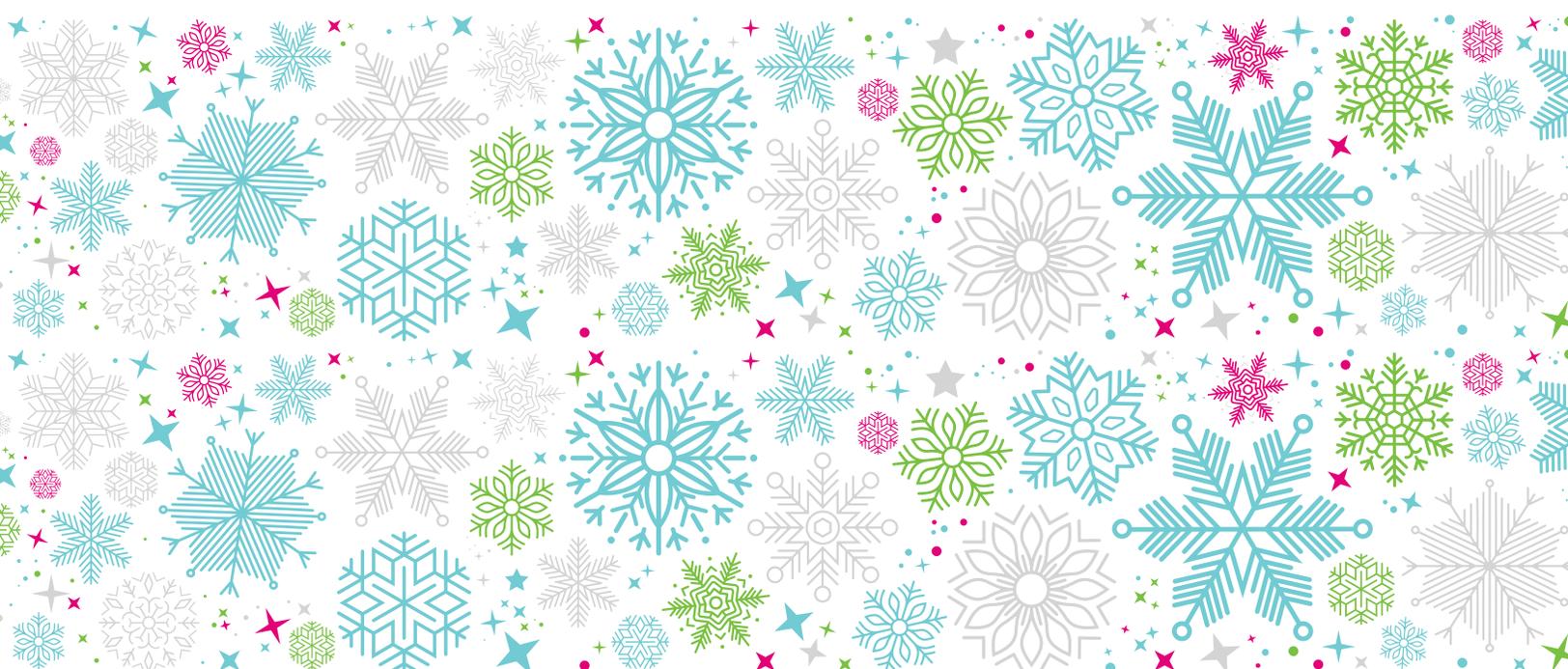
A SUPPORTING ORGANIZATION OF NEIGHBORHOOD FAMILY PRACTICE

Neighborhood Family Practice Board of Directors

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Natalie Adsuar, MD – *Vice Chair*
John Griffiths – *Secretary*
Steve Ansberry – *Treasurer*
Sonya Caswell – *Executive*
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Anita Cook
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John Griffiths
Jennifer Hunter
Laura Jaissle
Scott Skinner
Chris Warren



Donations made to Neighborhood Family Practice and/or the North Coast Health Foundation will be used to support NFP's mission to partner with the community for everyone's health by providing health care services regardless of ability to pay; treating patients with compassion, dignity and respect; protecting confidentiality; and offering culturally sensitive services and community outreach.



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**North Coast
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A SUPPORTING ORGANIZATION OF NEIGHBORHOOD FAMILY PRACTICE

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